JUAB HIGH SCHOOL

IF I COULD DO IT OVER AGAIN I WOULD.....

Class of 1947 and 1948

If I could do it over again I would...

Advice from the Class of 1947, 1948 Juab High School

This book is dedicated to Jim and Zoma Painter

and the

Juab High School Class of 1947 and 1948

A Gift from the

Painter Family Foundation

SENIORS 2002

As you go off to college, or start your future with a new job, marriage, etc.,, avoid the downfalls of credit cards. You probably have and will continue to be offered credit applications to establish personal credit, maybe with low interest. The fine print doesn't tell you of later increases in interest. The penalties of late payments. The consequence of going over your credit limit. The difficulty of making payments.

My motto has always been, "If you don't have the cash to buy something today , what makes you think you will have money for the payments when the bill comes due."

"Follow the prophet," stay out of debt and live within your income."

Class of 1948
Ruth Memmott Yukish

SOME GOOD SUGGESTIONS

1. Stay in school as long as you need to.

2. Prepare yourself for a successful life.

3. Whatever you give to others, will return to you four-fold.

Neil Black
Class of 1948

Set Your Goals

Set your goals and keep them. Your education is so important. It's more important than when I was in school. It will help you throughout your life.

Plan to go into a field you will enjoy working at. If you're happy at what you are doing, life will all be worth while.

I wish you the best in your future.

Sharlene Nielson Allred
Class of 1948

Two Good Rules

Don't Smoke

Listen to your parents

Newell Bryan
Class of 1947

THOSE WHO WALK THE PATH OF LIFE

For those who walk the path of life after me:

Life is full of dreams. I hope life always brings to you some dreams and aspirations fulfilled, some good luck too. Some love, some laughter, some time for fun, for you are a very special person. Have goals in life and always stay focused on them, but enjoy the journey there.

Money and position are not always the things that will bring you happiness. A special companion, my children, grandchildren, and great grandchildren, and relationships with friends have brought me the most happiness. Be a leader in your family and be willing to help them.

You can do anything you set your heart on and are willing to work for what you want. So dream big dreams. Reach for the stars. Live a good moral life with service to mankind to keep you humble and a good person. Love everyone and that love will come back to you many-fold.

Education is a must in the world today. Study as if your life depended on it, because it does.

Go forth then with your dreams and determination to make your life meaningful and fulfilling. Be prayerful and happy.

Sincerely,

Beverly Jackman Stephenson
Class of 1948

MY THOUGHTS FOR THE CLASS OF 2002

Go to college and get an education.

Choose a career that you will enjoy.

Carefully select a mate and give of your time to raise a good family.

Be a contributing member of society.

Work hard, play hard, pray for guidance and enjoy life.

Beth Stanley Yates
Class of 1948

CONGRATULATIONS TO THE
GRADUATING CLASS OF 2002

Your education will be a great help to you all through your life.
My advice to you is to take advantage of every opportunity you have to learn. Your knowledge is one of the few things you can carry on to eternity. Don't be afraid to work hard for all your worthy goals and always be honest with yourself and your fellow men. Keep your standards and morals high; do as the poet Edgar Guest said in his poem "Myself"

"I have to live with myself, and so,
I want to be fit for myself to know;
I want to be able as days go by,
Always to look myself straight in the eye.
I don't want to stand with the setting sun,
And hate myself for the things I've done.
Whatever happens, I want to be
Self-respecting and conscience free."

Success to you,
Mont L. Shepherd
Class of 1948

SOME TIMELY ADVICE

The best advice I would give today would be to seek a profession while in high school. Use this time and pursue it after high school into college---something that would be beneficial in future years.

One field which is needed now is in Medical help. There are not enough people seeking this profession.

We are lacking nurses throughout the United States. There is a big demand for help. We are plagued with diseases of all kinds, wars, terrorism, where all medical help is needed. The elderly are in need of help. Nursing is a great profession in helping others. And as life goes on, we will need many of these people to help with all worldly needs. Seek something very important in your life today that will protect you in the future. This is my advice.

Jack L. Carter
Class of 1948

COLLEGE OR EXPERIENCE

As you graduate from Juab High School think long and hard about the choices you make. If you want to go to college and get a college education - go for it. But if college doesn't interest you, there isn't anything wrong with that. Select an occupation that you will enjoy and make it your career and give it your best.

Margaret McPherson Hill
Class of 1947

CONGRATULATIONS, GRADUATES OF 2002

I hope each of you have had your intellectual minds sparked by your schooling. You may have doubts in your minds about ability, but erase them and go on in your intellectual pursuits. Education can be one of the greatest economic and social equalizers we have in our country. Education has made the United States the greatest and most advanced industrialized country in the world. You have a potential, when unleashed, which will thrust you forward on the path of success.

Carl Wankier, Class of 1947

STUDENTS AT JUAB HIGH

I would like to pass a comment on to you. Being a graduate of this school I know that you have some of the most competent and wonderful teachers in the state. Give them your attention and respect so they can prepare you to go forth and be successful in your life.

Be proud of who you are and where you are from. Let this school and your schoolmates always be in your heart and memories. Remember, Juab High will always be your High School HOME!

Sincerely,

L. Dee Searle
Class of 1948

ADVICE TO GRADUATES

Children:

Graduating from school is a necessity in this day and age. My year at Juab High School was a joy and a learning experience. It brought opportunities you use all your life. Enjoy school and put a lot into what you want out of it. You make friends you'll keep all your life.

Bonnie Morgan Anderson
Class of 1947

LIFE'S EXPECTATIONS

The future is what we make of it. Our vision expands with experience and experience fosters wisdom. Success comes not only by the position obtained, but by obstacles overcome. Be adaptable to technological changes around you, but constant in the preservation of your personal integrity. Best wishes, graduates.

George T. Crane, JHS Class of 1947

WHAT IS SUCCESS?

We think the quote from Ralph Waldo Emerson best expresses how we feel about advice to future grads.
"What is success? To laugh often and much; To win the respect of intelligent people and the affection of children; To earn the appreciation of honest critics and endure the betrayal of false friends; To appreciate beauty; To find the best in others; To
leave the world a bit better, whether by a healthy child, a garden patch or a redeemed social condition; To know even one life has breathed easier because you have lived. This is to have succeeded"

We think if we smile, sing, whistle, and give service to others and our Heavenly Father we will have much joy and happiness.

Lynn Francom. Class of 1947 and
Joyce Downs Francom, Class of 1948

STUDENTS AT JUAB HIGH SCHOOL

As we look forward to a technical future we also want students having to excel in getting a good education. There is no future without it.

We also ask you to put Christ in your life and go forward with his presence with you.

Success is in your future.

Romaine Mangelson
Class of 1947

GOALS TO STRIVE FOR

Set for yourself worthy goals, with your future in mind, and keep focused on them.

Make your family your most important treasure.

Stay close to your Heavenly Father and strive to obey his commandments.

Marva Belliston Olsen
Class of 1948

EDUCATION - A MUST

We live in a very technical based world. Without any education -from the basic 3R's to the technical fields- your chances of being able to take care of yourself and your family would be nil. This seems like a statement too late for a high school graduate of the year 2002–but perhaps this information can be passed on to others and they will be able to realize how important an education can be.

Ilene Thompson Pulsipher,
Class of 1947

EXPERIENCE IS A GREAT TEACHER

I was married at the age of 17, to a guy who was a Lutheran. I and my husband graduated from High School with our oldest daughter. My husband was baptized in the LDS Church. We went on an 18 month mission. We had 5 children, 24 grandchildren, and 15 great grandchildren. Besides our own family, we have raised 2 Indian children, a Cambodian child and 2 abandoned children. We are really lucky to have such a wonderful life and beat the odds of doing the wrong thing in the beginning. Our children are the light of our lives. We have really been blessed by staying close to the Lord.

Marion Brown Johnson, Class of '48

TO THE CLASS OF 2002

Years ago, I thought I was smarter than the teachers, so I quit school and didn't graduate – Now 55 years later I realize what a mistake it was.

My advice to you is: Continue your education. Find a career that interests you and pursue it diligently and be happy with whatever the Lord has in store for you.

Bud I. Howard, Class of 1947.

SOME THOUGHTS FOR GRADUATING SENIORS

Start each day fresh, as if it were a blank page. Look for something good in every day, no matter how badly it goes.

Treat others with courtesy and respect, regardless of their demeanor or behavior; we can learn from everyone, and it costs nothing to show good character.

Forgive others quickly (even saying the words when you don't mean them carries the message to your subconscious!). If you don't or if you carry grudges, you allow the one who has offended you to continue to harm you. Let it go.

Don't go on unnecessary guilt trips. Save your energy for better things.

When you complete a job or project, look back at your results and give yourself a pat on the back. Remember to give yourself credit for who you are and what you do. There is a difference between self-confidence and conceit. Conceit generally covers insecurity. If you feel good about yourself, you will make wiser choices and accomplish more and be happier.

Accept others, especially those closest to you, as they are. Never try to change someone else; only work on improving yourself. Trying to control others is another sign of insecurity.

Enjoy life as you go! It's a beautiful world, and there are many good people in its. Be a starter–smile first at strangers, do the first kindness, begin the flow of goodness, wherever you are.

Robert G. Ostler
Class of 1948

LIFE...A TEACHER

Life is still teaching me new things. The lessons that are hardest to accept are past mistakes. I have learned that life is made of time. We can use it wisely and be happy or waste it and be sorry. If you fail to plan, you plan to fail.

LeRoy Ostler, Class of 1947

THE LONGER I LIVE

When you are young, you think financial success is everything. Although it is important to have financial stability, if you do not have good family relationships, it all means nothing. The longer I live the more I realize how important a family is.

Elaine Taylor Stewart,
Class of 1948

MY THOUGHTS AT GRADUATION

I was happy, yet sad, to leave my home, my high school, many of my friends. I always wanted to be a teacher, and so was thrilled, but also a little scared, to be going away from what I had known for 18 years.

Now 55 years later, I would say to you Juab High School graduates of 2002. Find out what you enjoy and what you would like to pursue – then do it with all your heart, might, mind, and strength. Be the best you can be!

Keith N. Worthington, Class of 1947.

DON'T SELL YOURSELF SHORT

Don't sell yourself short in life. I dare you to strive to be a little better than you think you can be. The best helping hand is at the end of your own arm! Hobbies you enjoy are a great relief valve for work pressure. Have some fun along the journey of life!

Farrell Winter, Class of 1948

DEAR GRADUATING CLASS OF 2002

It has been an interesting journey to reflect on the many events and changes in my life since graduating from Juab High.

I have confidence in your generation to do many important things that will be rewarding as you embark on the rest of your life's journey. My hope in writing this is to encourage you to always "accentuate the positive" in word and deed. It is very possible to do even small things in a great way. It has been suggested that we "be a little kinder than necessary," such opportunities come our way many times in one day.

I've appreciated the words of Edward E. Hale who wrote:

> "I am one, I cannot do everything but still I can do some thing. What I can do I ought to do and what I ought to do, by the grace of God, I will do."

I recall the words of our graduation song - "You'll never walk alone", "when you walk through a storm, hold your head up high and don't be afraid of the dark. . .etc. though your dreams be tossed and blown. . . walk on, walk on, with hope in your heart and you'll never walk alone." Now and then I hear it played on the radio and remember how I felt at that important time of my life. More often I have occasion to remind myself to "accentuate the positive" with the knowledge that my faith provides the way.

CONGRATULATIONS

Carol Lee Pickering Price
Class of 1947

THOUGHTS AT GRADUATION

I didn't realize at the time of graduation 55 years ago, that you can within reason, be what ever you want to be. But you first have to decide what that is. Then evaluate your strengths, weaknesses, and your abilities. Finally, you have to take the steps to acquire the knowledge and skills to achieve your dream. And with a little luck and lots of hard work you can be what you dream.

Grant E. Neilsen
Class of 1947

THE JOURNEY IS THE DESTINATION

Common sense is the best tool you can learn; your ability to connect your heart to your head. Listen to it.

Your body is an amazing tool. Take good care of it. When you get to be my age you see many friends and family members lose precious time and energy due to unhealthy influences.

Have a real passion for how you make a living. Winston Churchill said, "You make a living by what you get. You make a life by what you give".

Ask yourself what I can offer to my community.

Love what you do, do what you love.

Most important of all is family. They will always be there, if you let them. Your children will move from the sandlot to the corporate field in a blink of an eye. Spend more time in the sandlot.

Homer K. Bendixen,
Class of 1948

EXPERIENCE HAS BEEN MY TEACHER

I live in Roosevelt, Utah. I have been here since 1952 when I got married.

We were married 27 years when my spouse died. I have been a widow for 23 years.

I worked for quite a few years after he died, before retiring.

I am now a volunteer for our new Senior Center. I do many hours of service for them. I am over the quilting. We quilt every day and have a good time visiting. We play bingo on Mondays and have dinner there every day. We play games on Friday so we are quite busy all the time.

I bowl on Wednesday nights on a league. There is one Senior team and the rest of the league is young women. Our team is in third place. We just had a tournament of all the Basin women, young and old. I took second place in singles.

I enjoyed my three years at Juab High. I wasn't a top grade A student. I enjoyed the teachers. Graduation day was quite a sad day as I would be leaving many of my friends. I didn't have anything special in mind after; I just wanted to get married and have a family.

Just enjoy your school years there at good old Juab High. I still like to hear about things that happen. I guess it is a good old school.

Colleen Sherwood Jones
Class of 1947

ADVICE TO CLASS OF 2002

After graduation you will go your separate ways, which means there's a strong possibility you may never see some of your classmates again. Our advice to you is something we wish someone had told us when we graduated.

Keep in touch with classmates through the years. It's a wonderful opportunity to reminisce about your school days and fun times at good old Juab High School.

P.S. This would also be beneficial in recognizing in years to come, when Mother Nature takes over and adds weight, gray hair and wrinkles, and mysteriously makes hair disappear.

GOOD LUCK!

Sherman and Yvonna Walker Wankier
Class of 1948

DEAR JUAB HIGH SCHOOL GRADUATES

Life is a process to be enjoyed. TIME is the essence of life. Use it wisely. Learn to live life, not spend it. What is most valuable is not what we have in our lives, but who we have in our lives. Learn patience and take time to build personal and meaningful relationships with your family, extended family, and those whose lives may touch yours. Get to know yourself. Believe in yourself. Be you- - but not just you- be your best you. Remember it takes no effort at all to roll down a hill but it does require effort to climb to the summit . Life is a process which needs to be experienced with love, peace and happiness.

Ardath Farnsworth Miller
Class of 1947

TO THE GRADUATES

You have just completed one phase of your life and are moving now to a larger and wonderful time of life. It will hold many happy times but also challenges. These challenges will be difficult but will help you grow and mature into a fine person. The whole secret is attitude!!!

Beatrice M. Sparks in her book "Key to Happiness" says "You have your own wonderful, bright, happy, private little world within yourself. . .Your responsibility is to see that it is a private little heaven. . ."

Always strive to do your best, then be happy with the results. Always wear a smile. If you do you can be a big part of helping others find happiness. Try to always be positive.

Congratulations and best wishes for a great life.

Helen Lunt Cammans
Class of 1948

NEVER STOP LEARNING

"Never stop learning—about everything! So many opportunities are possible now for graduates - especially for women, that were not available to us when we graduated from Juab High. Plus, financial assistance is more readily accessible.

Every person you meet can influence your life in a positive way, if you will allow it. Take advantage of every opportunity to improve yourself. It will serve you well!'

Thank you,
Barbara Jones Hansen
Class of 1947

There are many bits of advice I could give, but I think this poem may come across to our young families better than anything that I could list. Lee Sperry

There once was a pretty good student,
Who sat in a pretty good class
And was taught by a pretty good teacher
Who always let pretty good pass
He wasn't terrific at reading,
He wasn't a whiz bang at math,
But for him, education was leading
Straight down a pretty good path.
He didn't find school too exciting,
But he wanted to do pretty well,
And he did have some trouble with writing,
And nobody had taught him to spell.
When doing arithmetic problems,
Pretty good was regarded as fine.
Five plus five didn't always add up to ten,
A pretty good answer was nine.
The pretty good class that he sat in
Was part of a pretty good school.
And the student was not an exception,
On the contrary, he was the rule.
The pretty good school that he went to
Was there in a pretty good town.
And nobody there seemed to notice
He could not tell a verb from a noun.
The pretty good student in fact was
Part of a pretty good mob.
And the first time he knew what he lacked was
When he looked for a pretty good job.
It was then, when he sought a position,
He discovered that life could be tough.
And he soon had a sneaky suspicion
Pretty good might not be good enough.
The pretty good town in our story
Was part of a pretty good state,
Which had pretty good aspirations,
And prayed for a pretty good fate.
There once was a pretty good nation,
Pretty proud of the greatness it had,
Which learned much to late,
If you want to be great ,
Pretty good is, in fact, pretty bad.

Charles Osgood